



Karmaveer Bhaurao Patil University, Satara

Syllabus for
Skill Program

“SSB Interview Skills: PPDT and Psychology”

Under
Faculty of Science and Technology

With effect from Academic Year 2025-2026

1. Title of Skill Course: **SSB Interview Skills: PPDT and Psychology**

2. Sector: Counselling Skill

3. Year of implementation: 2025-2026

Course Structure

Skill Level	Theory Hours	Practical Hours	Training Hours	Total Hours	Credits	No. of students in batch
5.5	15	30	05	50	02	30

Evaluation Pattern

Theory Marks			Practical Assessment			Project	Total	Grand Total
Skill Internal Examination (SIE)	Skill Final Examination (SFE)	Total	Exam	Signed Practical Dairy	Total	Submission + Viva Voce		
10	20	30	40	10	50	20	70	100



Karmaveer Bhaurao Patil University, Satara

(A State Public University Est. u/s 3(6) of MPUA 2016)

Faculty of Interdisciplinary Studies

Yashavantrao Chavan Institute of Science, Satara

Board of Studies in Skill Development

Programme: Skill	Semester – V
Type : Skill Courses	Marks: 10/20
Credits : 2 /2	From: A. Y. 2025-26

Name of the Course: SSB Interview Skills: PPDT and Psychology

Course Objectives: Students should be able to,

- 1) Familiarize students with the structure and concept of SSB interview stages, with emphasis on PPDT and psychological tests.
- 2) Enhance story writing, narration, and perception analysis skills essential for PPDT.

Course Outcomes: Student will be able to:

- 1) Understand the nature, structure, and expectations of SSB screening and psychological tests.
- 2) Write and narrate stories effectively based on visual perception (PPDT).

Module	Title and Contents		Hrs
Module -1:	Module -1: PPDT – Picture Perception and Discussion Test		08
	1.1	Introduction to SSB screening test and role of PPDT.	
	1.2	Picture Perception techniques: Observation, character identification, mood, action, and outcome.	
	1.3	Elements of a good PPDT story (Time, Place, Characters, Action, Outcome).	
	1.4	Story writing practice: Do's and Don'ts.	
	1.5	Narration and Group Discussion techniques, voice modulation, clarity, confidence.	
Module -2:	Module-2: Psychology Tests in SSB		07
	2.1	Overview of Psychological Testing in SSB – Purpose and Process.	
	2.2	Thematic Apperception Test (TAT): Writing meaningful stories based on visual prompts.	
	2.3	Word Association Test (WAT): Building personality through response to words.	
	2.4	Situation Reaction Test (SRT): Responding logically to real-life scenarios.	
	2.5	Self-Description Test (SDT): Understanding self through introspection.	
	2.6	Aligning responses to Officer-Like Qualities (OLQs).	

Reference Books:-

1. Sinha, N. K. 2015. *How to Crack SSB Interview*. Meerut: Arihant Publications.
2. Patnaik, D. 2020. *SSB Interview: The Complete Guide*. New Delhi: Pathfinder Publications.
3. Singh, S. S. 2019. *Breaking the Code of SSB Psychological Tests*. New Delhi: Cengage Learning.
4. Indian Armed Forces. 2018. *Officer Like Qualities (OLQ) Handbook*. New Delhi: Ministry of Defence.
5. Ministry of Defence. 2021. *Service Selection Board (SSB) Interview Manual*. New Delhi: Government of India Publication Division.
6. Malhotra, R. 2017. *Psychological Tests in SSB: A Step-by-Step Guide*. Mumbai: Defence Career Academy Publications.
7. Kapoor, A. 2022. *Mastering PPDT and TAT: SSB Psychological Techniques*. Pune: Future Warriors Press.

Evaluation Pattern:

Total Marks: 10 / 20

Internal Continuous Evaluation:

- Internal Work -1 ISE – 10 Marks

End Semester Examination:

Question -1 – One Sentence – 16 Marks
Question -2 – Fill in the blanks - 04 Marks



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Faculty of Faculty of Interdisciplinary Studies

Yashavantrao Chavan Institute of Science, Satara

Board of Studies in Vocational Education

Programme: Skill Program

Semester – V

Type : Skill Courses

Marks: 70/70

Credits : 2 /2

From: A. Y. 2025-26

Name of the Course: SSB Interview Skills: PPDT and Psychology Lab

Course Objectives: Students should be able to:

1. Familiarize students with the structure and concept of SSB interview stages, with emphasis on PPDT and psychological tests.
2. Enhance story writing, narration, and perception analysis skills essential for PPDT.

Course Outcomes: Student should be able to:

1. Understand the nature, structure, and expectations of SSB screening and psychological tests.
2. Write and narrate stories effectively based on visual perception (PPDT).
3. Self-assess and improve performance based on trained OLQs and feedback.

Practical No.	List of Practical's	Hrs
1	PPDT Practice - Story Writing from a Shown Picture (Time-bound)	03
2	PPDT Practice - Individual Story Narration (Voice clarity, tone, body language)	03
3	TAT Practice - Writing 4 stories from shown pictures (Time-bound, real samples)	03
4	WAT Practice - Respond to 20 words in 15 seconds each (Real-time writing)	03
5	SRT Practice - Respond to 10 real-life situations (Decision making under time limit)	03
6	SDT Drafting - Writing self-description under 5 heads (Parents, Teacher, Friends, Self, Aim)	03
7	Group OLQ Mapping Workshop - Mapping responses to 15 OLQs	03
8	Mock Screening Test Simulation – PPDT + GD + Intelligence Test (on paper)	03
Case Study/Project/Industrial Visit/Field Visit		06
Training		05
Reference Books:-		

1. Sinha, N. K. 2015. *How to Crack SSB Interview*. Meerut: Arihant Publications.
2. Patnaik, D. 2020. *SSB Interview: The Complete Guide*. New Delhi: Pathfinder Publications.
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7. Kapoor, A. 2022. *Mastering PPDT and TAT: SSB Psychological Techniques*. Pune: Future Warriors Press.

Evaluation Pattern:

Total Marks: 70 / 70

End Semester Examination:

- Question -1 – 10 Marks
- Question -2 – 10 Marks
- Question -3 – 10 Marks
- Question -4 – 10 Marks
- Question -5 – Journal 10 Marks
- Project/ Case study/Industrial Visit/Field Visit- 20 Marks